

EVENT RECORDING

■ WHAT IS EVENT RECORDING?

An Event Monitor is a small recording device that looks similar to a pager. You are given a recorder to use for 30 days and you push a button to record your heart activity any time you experience symptoms. The recorder records your heart activity for about 2 minutes.

■ WHEN IS EVENT RECORDING USED?

Event Recording is used when patients have intermittent symptoms that might be caused by the heart. Examples of intermittent symptoms include:

- Racing heart that happens intermittently
- Lightheadedness or fainting spells
- Palpitations or a funny “flip-flopping” feeling

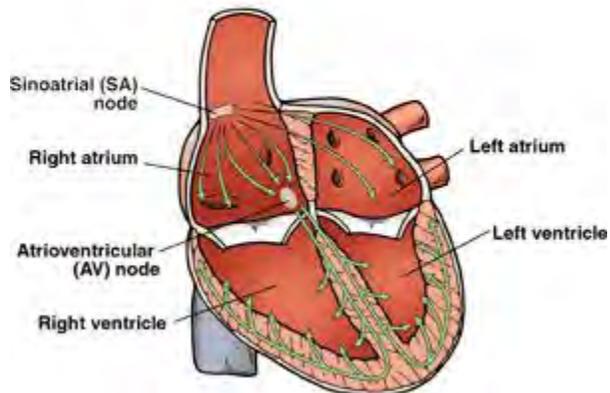
An Event Recording is a useful way to record the heart’s electrical activity when patients experience these intermittent problems.

■ WHAT HAPPENS DURING THE TEST?

You will be given an event recorder to use for 30 days. There are two types:

1. Looping recorder – a looping recorder is worn for 30 days. A technician will put the recorder on initially and will teach you how to reapply the recorder (for example, after bathing).
2. Non-looping recorder – a non-looping recorder is carried with the patient and placed on the chest when symptoms occur.

Nodes Responsible for Cardiac Rhythm



Your doctor will decide which type of recorder is best for you.

When you experience symptoms, you will press a button on the recorder to start recording your heart rhythm. The recorder will indicate when the recording period is complete. You will be given a phone number to call to transmit your recording. The recording will travel through the phone to a special computer that allows a technician to see and review your heart rhythm.

■ WHAT HAPPENS AFTER THE TEST?

At the end of the test you will return the event recorder to Austin Heart. Your doctor will review your recordings and discuss the results with you either by phone or at your next appointment.

■ WHAT ARE THE RISKS AND LIMITATIONS OF EVENT RECORDING?

Event recording is non-invasive and carries no health risks. Sometimes patients do not experience their particular problem during the 30 days and need to keep the monitor for another 30 days. Your doctor will determine if you need the monitor for longer.